



## THE GREEN RIBBON CAMPAIGN

## 'Together we can #endthestigma of Mental Health'



Imagine everywhere you go during Mental Health Awareness Week you see thousands of people showing they want to help #endthestigma of mental health by wearing a green ribbon.

The Green Ribbon Campaign, led by The Lord Mayor's Appeal, alongside This is Me – in the City, helps #endthestigma of mental health. The green ribbon has the simple, but powerful, message of "Together we can #endthestigma" and will be worn by thousands of employees across the City and beyond during Mental Health Awareness Week (14-18 May 2018).

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## Story so far

- ✓ Piloted in 2017, over 165 organisations (corporate and public sector) took part sharing 85,000 ribbons, potentially reaching over 400,000 employees.
- ✓ Over 10 iconic London buildings turned green for Mental Health Awareness Week
- ✓ 98% felt it amplified the messages of reducing the stigma, dispelling the myths and helping to build inclusive workplace cultures to improve employee wellbeing.
- ✓ 85% saw the ribbon outside their workplace
- ✓ 97% had senior management wearing green ribbons
- $\checkmark$  100% would recommend the campaign.









## All you need to know about the ribbons

The stigma of mental health is such a huge issue in organisations and for individuals and we want to address this. We are asking organisations to invite their employees to wear a **green ribbon** as a visible sign of support and to help destigmatise mental health by:

- · Creating a visible movement of support for ending the stigma
- Showing those struggling that there is support and they are not alone
- **Demonstrating** the level of support for this issue in your organisation
- **Encouraging** people to share their story and to create an inclusive cultures workplace.



**The Ribbons:** The green ribbons and pin badges will be supplied with a backing card with details of the campaign as shown above. There is also an international version of the ribbon available.

**Cost:** All we ask is that you cover the cost of the ribbon (as above) which includes postage. Fundraising tins are also available if you wish to ask your employees for a donation.

Delivery: Order now to get your ribbons delivered by 6<sup>th</sup> April 2018.

**Support materials:** Once your ribbons are ordered, you will be emailed a toolkit with advice about how to roll out the ribbons as well as templates to help you promote the campaign.



Please visit our website at <u>www.thelordmayorsappeal.org/greenribbon</u> and **complete the order** form now to guarantee your ribbons for Mental Health Awareness Week, 14-18 May 2018.



We hope you will join us for this movement, by working together... we can #endthestigma.

For more information, please email <u>diversity@thelordmayorsappeal.org</u> or call 0207 332 1050.