

Main plenary speakers



Sally Evans,
UK Wellbeing
Lead, PwC

Following a career in people change across retail and financial services, Sally joined PwC to develop a behaviour change approach to employee wellbeing. The scope of her activity has included the development of an award-winning team resilience programme, the creation of the Green Light to Talk (about mental health) movement, and the formation of PwC's global wellbeing approach, Be Well, Work Well.



Robyn Vernon-Harcourt,
Senior Programme
Manager, The Lord
Mayor's Appeal

Robyn is a Chartered Manager and leads programmes work at the Appeal, including the award-winning mental health campaign – This is Me – to #endthestigma around mental health in the workplace. Robyn also oversees the Appeal's Diversity & Inclusion and Skills programmes to make London a more inclusive, healthy and skilled City, creating A Better City for All.



Jo Cole,
Divisional Portfolio
Manager (Cyber &
InfoSec), UBS

Jo has been with UBS for nine years and currently works within the Cyber & Information Security Division. Her interest in good mental health started when her son was diagnosed with schizoaffective disorder. Since then she has actively promoted awareness of good mental health, and is a Mental Health Champion. If she has time after that her passion is ice skating.

Panel session speakers

The Covid-19 pandemic has placed mental health firmly at the forefront of businesses agenda. However, mental health support in the workplace will need to address both current and new challenges with hybrid and remote workplaces, as well as address the individual needs of those across organisations, understanding the different experiences of those with protected characteristics. Our speakers, together with our Chair, Barbara Harvey, will share their insights into the future of mental health in the workplace and how This is Me can support organisations to both understand, and tell different stories to inform inclusive workplace support.



Paulette Cohen, Head of Diversity & Inclusion UK, Europe/ME, Barclays

Paulette is Barclays Head of Diversity and Inclusion for UK, Europe and Middle East, joining the team as a D&I director in April 2016. She leads global D&I business engagement and the

D&I strategy across the region with a focus on building a diverse, equitable and inclusive environment where all colleagues feel they belong and can grow their careers. She led the global roll-out of This is Me, Barclays campaign on disability, mental health and wellbeing, now adopted by over 400 companies.



Farimah Darbyshire, Head of Programmes and External Relations, City Mental Health Alliance

Farimah has responsibility for delivering some of the CMHA UK's key workplace mental health programmes to members and businesses. This includes the Early Careers Health Programme,

events and seminars and growing the CMHA's research and insights division. She also oversees external relations for the organisation, including PR and digital.



Tim Ackroyd, Senior Talent Manager, Mental Health, Deloitte

Tim leads the design and delivery of Deloitte Global's approach to supporting mental health. A Senior Talent Manager with over 15 years of experience in enabling behaviour

change in organisations, Tim was previously Head of Wellbeing & Engagement at Deloitte UK where, in 2016, he supported six colleagues to share their stories as part of the first This is Me campaign. With a background in psychology, he has a keen interest in evidence-based wellbeing, mental health and employee engagement.



Andrew Berrie, Mental Health at Work National Lead, Mind

Andrew supports the ambitions of the Thriving at Work Leadership Council in driving employer action across the UK and oversees delivery of the Mental Health at Work website and Mental

Health at Work Commitment. Over the last three years Andrew has led the Time to Change Employers Programme, Blue Light (Emergency Services) Programme, Mentally Healthy Universities Programme and Mind's work with the Midlands Engine Mental Health Productivity Pilot supporting a wide range of organisations across the UK.



Mellener Anne Coelho, India Head for Diversity Equity & Inclusion and Mental Wellbeing, Northern Trust

Mellener is an Inclusion Strategist with a focus on creating cultures where people can bring their passion and whole self to work.

She has contributed to several pieces of research on Diversity and Inclusion and has received several accolades for her work including the D&I Champion of Change Award from Community Business in 2019.

As a Global D&I advisory board member for the Future Talent Council her mission is to create more mindful, kinder and grateful communities.



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